

# Sealants Work!



## Protect teeth from cavities.

**Ask about dental sealants.**

*One thing parents can do to prevent tooth decay is to get dental sealants for their child's teeth. Sealants protect teeth from the bacteria that cause cavities. Talk to your dental health provider.*

## **What Are Sealants?**

Dental sealants fill in the tiny crack and crevices that exist in all molars (back teeth). Sealants provide teeth with a protective coating that helps prevent cavities.

## **Do Sealants Really Work?**

In study after study, it has been proven that a child whose molars are protected by sealants has a better chance of never getting cavities.

## **How Are They Done?**

Dental sealants are painted on the teeth. This liquid hardens into a protective coating. It is easy and painless. There are no shots and no drilling. The entire process takes about 15 minutes.

## **When Should My Child Get Sealants?**

A child should get sealants as soon as the new molars come in. The first new molars come in around age seven and the second molars come in by age 11.

**For more information on  
dental sealants contact:**

